Registration

Thank you for registering for an upcoming Academy of Pelvic Health Physical Therapy continuing education in-person course. As you make preparations to attend the course, please make sure to access all of your course materials at least 2 days prior to the course. If you want to cancel or transfer your course registration, please review our Cancellation Policy (www.aptapelvichealth.org/cancellation).

Contact Us for Assistance

Contact us immediately for assistance if you experience log-in difficulties or do not see the course show up in your Learning Center portal. Our staff will gladly help you login and ensure you are able to view all of your course materials. Contact us at kalki@aptapelvichealth.org. Due to a high volume of calls, our staff responds fastest via **EMAIL** Monday-Friday 9am-5pm EST.

Learning Center

First and foremost, ensure you have access to the Learning Center and your course. The Learning Center is **not compatible with tablets** so we highly recommend you use a PC computer or laptop.

What's Included?

The Learning Center contains all of your course materials that you will have access to for up to 12 months. We highly recommend you to print or download any files you wish to access beyond the one-year mark as they will expire after 12 months from the last day of the course.

- **Welcome Letter** - any key reminders from the faculty and Academy staff with your Zoom login instructions
- **Lecture Manual** - digital PDF manual (you do not need to print it)
- **Handouts** - worksheets you need to read or print out prior to the course
- **Pre-Reading Assignment**s - you must complete these prior to the course
- **Online Discussion Board** - connect with fellow registrants
- **Resource Catalog** - directory of supplemental resources and a list of supply and equipment vendors
- **Course Evaluation Survey** - will only appear on the last day of the course
- **Certificate of Completion** - will appear after you pass the final exam (75% or higher)

Learning Center Log-In

If you are new to our courses, please follow the instructions below. Your Learning Center account is linked to your Membership Account/Customer Account so when you register for a course, it should appear within 1-3 days in your Learning Center.

Click to Access the Learning Center: https://sowh.mycrowdwisdom.com/diweb/mylearning
Username: Email Address (same email address you used to register for the course)
Password:
- If you are an Academy member, your password is LastnameAPTAID (i.e. Lee123456)
- If you are NOT an Academy member, your password is whatever you set it as when you registered for the course)

Brush Up on Your Anatomy Knowledge and Complete Your Pre-Readings

We highly recommend you thoroughly review anatomy terminology prior to attending the course and read all assigned pre-readings PRIOR to your first course day. If you are a 2nd or 3rd year PT Student, we recommend you to have some orthopedic/ musculoskeletal coursework in your curriculum prior to attending the course.

Arrive On Time

We take attendance at our in-person courses. Punctuality is required and if not met, will result in forfeiture of contact hours. Please arrive 15 minutes prior to the course to make sure you are able to find the classroom. Please return promptly from your scheduled or faculty-announced break times. If you are driving in, we highly recommend for you to arrive at least 20-30 minutes early, especially if you are not familiar with the parking area.

What To Bring to the Course

- Notebook or laptop for note-taking
- 2-3 pens or pencils with you
- If you have long hair, please bring a couple of hair ties to keep hair away (if the course includes lab activities)
- Live model if you are unable to participate as a "patient" (If you are not sure whether you need a model, please check your course description and our Model Guidelines

What We Will Provide On-Site

- Printed Lab Manual and any supplemental worksheets (if course includes lab activities)
- Facemasks and other protective gear
- Sanitizer bottles for the classroom
- Socially-distanced exam tables and chairs (fi course includes lab activities)
- Wi-Fi Internet Connection (if you choose to use your laptop)
- Extension Cords (a few spread out throughout the classroom)
- Light refreshments (for morning and afternoon breaks)
- List of restaurants in the area
- Any facility maps (as provided by the Host Facility)

Plan Your Trip

Hotel Lodging
The Academy has contracted a room block for you. Check for hotel rates and availability. We try to find hotels that are close to the course facility.

Air & Ground Travel
Make sure to book your return flight with enough cushion time between the time the course ends on Sunday and boarding time. If you leave the course early due to your flight schedule, your CEUs may be deducted. To obtain your CEUs, you must attend the full course. Your hotel may be in walking distance to the course or you may need to find ground transportation to get to the course if it is not in walking distance. Some hotels provide complimentary shuttles to nearby offices/attractions within a 2-3 mile radius. Inquire with your hotel front desk if the hotel shuttle can drop you off at the course address and/or if they can pick you up from the course address after the course day ends.

Dress Code & Grooming
If you are taking a course that includes external or internal lab work, please wear loose-fitting clothing that is easy to move around in. Some examples of loose-fitting clothing are yoga attire, scrubs or lounge clothing. We encourage you to bring a warm sweater in case it gets cold in the lecture or lab room. Temperature in the meeting spaces can fluctuate year-round. If you have long hair, please bring a hair tie to keep hair away (if your course includes lab activities). For all courses that include internal lab activities, it is important to keep your nails short and filed so that you do not puncture the exam gloves and are able to perform internal lab activities.

Menstrual Cycle
If you are taking a course that includes intra-vaginal and intra-rectal exam labs and find yourself on your menstrual cycle during the course weekend, you can still participate in all external and internal lab activities. Request a flexible menstrual cup from one of our faculty members. They will show you how to use them.

Breastfeeding
If you're breastfeeding and need a space to pump at the course, please contact the office at hello@aptapelvichealth.org at least 4 weeks before the course to request a private pumping space. We will connect you with our Host Facility to ensure there is a space for you to pump.

Snacks & Lunch Arrangements
You are welcome to bring your own snacks. The Academy will provide light morning and afternoon refreshments. Lunch is on your own so make sure to pick up a list of nearby restaurants when you sign in on Day 1 of the course. Occasionally when we have exhibitors, complimentary lunch is provided for one of the course days. If that is the case, the Faculty will announce it during the course. We try to provide snacks based on general dietary restrictions so that there is something for everyone. If you are bringing your own lunch and need space to store it, please contact us at hello@aptapelvichealth.org so that we can arrange for a fridge in or near the course classroom.

Helpful Resources
- Contact Us for Assistance
- Faculty Directory
- Scholarship Programs
- Membership - Join/Renew
- Teach a Course
- Host an In-Person Course
- Patient Education Resources
- CEU Approval Instructions
- Advertise in a Course
- Upcoming Live Courses
- Self-Paced Courses
- Learn about CAPP (Certificate of Achievement in Physical Therapy)
- Student Clinical Affiliations
- Frequently Asked Questions
- Terms & Conditions
- Registration Cancellation Policy
- Privacy Policy